



November 21
at The Oasis in Kanata

**If It's a Crisis to You,
It's a Crisis to Us**

**Glen Cairn United Church
140 Abbeyhill Drive, Kanata
Monday, November 21, 7 to 9 pm
Free. All welcome.**

Colleen MacPhee, Clinical Manager with The Ottawa Hospital's Mobile Crisis Team, will provide a review of the Mental Health Crisis Line and Mobile Crisis Team Services in Ottawa.